

## Mental Health and Learning Disability Academy Timetable

**01 – 04 August 2022**

Session 1 – Monday 01 August 2022

Time	Topic	Content
10.00 - 10.10	Introduction	<ul style="list-style-type: none"> <li>• Introduction and Welcome to the Academy</li> <li>• Programme Content</li> <li>• Housekeeping</li> <li>• Safeguarding</li> </ul>
10.10 - 10.30	Introduction and Welcome	<ul style="list-style-type: none"> <li>• Getting to know you and the partners involved in the Academy</li> <li>• Looking at the Academy programme</li> <li>• Services – Community / Inpatient</li> <li>• Opportunity to ask questions</li> </ul>
10.30 - 11.00	What is Mental Health	<ul style="list-style-type: none"> <li>• What is mental health?</li> <li>• Opportunity to ask questions</li> </ul>
<b>Comfort Break - 15 minutes</b>		
11.15 - 11.45	What is a Learning Disability	<ul style="list-style-type: none"> <li>• LD - Health inequalities/ Communication needs</li> <li>• Opportunity to ask questions</li> </ul>
11.45 - 12.15	Career Opportunities in Mental Health and Learning Disabilities	<ul style="list-style-type: none"> <li>• Career opportunities in Mental Health and Learning Disabilities</li> <li>• Entry routes - University, support roles, apprenticeships</li> <li>• Career opportunities to work with people with MH/LD needs in social care/charities.</li> <li>• Opportunities to ask questions</li> </ul>
<b>Session close</b>		

Session 2 – Tuesday 02 August 2022

Time	Topic	Content
<b>Introduction to the day and housekeeping</b>		
10.00 - 10.30	Working Effectively with People With Learning Disability Needs	<ul style="list-style-type: none"> <li>• Reasonable adjustments/ Hospital Passports/Equality Act</li> <li>• Overview of capacity</li> <li>• Diagnostic overshadowing</li> <li>• Opportunity to ask questions</li> </ul>
10.30 - 11.00	Working Effectively With People With MH needs	<ul style="list-style-type: none"> <li>• Therapies</li> <li>• Mindfulness</li> <li>• Opportunity to ask questions</li> </ul>
<b>Comfort Break - 15 minutes</b>		

11.15 - 11.35	Career Insight into Mental Health Nursing	<ul style="list-style-type: none"> <li>• The role of a Mental Health Nurse</li> <li>• Opportunity to ask questions</li> </ul>
11.35 - 11.55	Career Insight into Learning Disability Nursing	<ul style="list-style-type: none"> <li>• The role of a Learning Disability Nurse</li> <li>• Opportunity to ask questions</li> </ul>
11.55 - 12.15	Career Insight into the role of a Health Care Assistant	<ul style="list-style-type: none"> <li>• The role of a Health Care Assistant</li> <li>• Opportunity to ask questions</li> </ul>
<b>Session close</b>		

Session 3 – Wednesday 03 August 2022

Time	Topic	Content
<b>Introduction to the day and housekeeping</b>		
10.00 - 10.20	Career Insight into the role of a Psychologist	<ul style="list-style-type: none"> <li>• The role of a Psychologist</li> <li>• An Opportunity to ask questions</li> </ul>
10.20 - 10.40	Career Insight into the role of a Psychiatrist	<ul style="list-style-type: none"> <li>• The role of a Psychiatrist</li> <li>• An opportunity to ask questions</li> </ul>
10.40 - 11.00	Career Insight into the role of a Nursing Associate	<ul style="list-style-type: none"> <li>• The role of a Nursing associate</li> <li>• An opportunity to ask questions</li> </ul>
<b>Comfort Break - 15 minutes</b>		
11.15 - 11.35	Career Insight into the role of a Pharmacist	<ul style="list-style-type: none"> <li>• The role of a Pharmacist</li> <li>• An opportunity to ask questions</li> </ul>
11.35 - 11.55	Career Insight into Social Work	<ul style="list-style-type: none"> <li>• The role of a Social Worker (Adult)</li> <li>• An opportunity to ask questions</li> </ul>
11.55 - 12.15	Applying for NHS jobs.	<ul style="list-style-type: none"> <li>• What skills are required?</li> <li>• Writing a good supporting statement</li> <li>• Opportunity to ask questions</li> </ul>
<b>Session Close</b>		

Time	Topic	Content
<b>Introduction to the day and housekeeping</b>		
10.00 - 10.20	Career Insight into the role of a Speech and Language Therapist	<ul style="list-style-type: none"> <li>• The role of a Speech and Language Therapist</li> <li>• An opportunity to ask questions</li> </ul>
10.20 - 10.40	Career Insight into the role of an Assistant Practitioner	<ul style="list-style-type: none"> <li>• The role of an Assistant Practitioner</li> <li>• An opportunity to ask questions</li> </ul>
10.40 - 11.00	Career Insight into the role of an Art Psychotherapist	<ul style="list-style-type: none"> <li>• The role of an Art Psychotherapist</li> <li>• An opportunity to ask questions</li> </ul>
<b>Comfort Break - 15 minutes</b>		
11.15 - 11.35	Career Insight into the role of a Child and Adolescent Psychotherapist	<ul style="list-style-type: none"> <li>• The role of a Child and Adolescent Psychotherapist</li> <li>• An opportunity to ask questions</li> </ul>
11.35 - 11.55	Career Insight into supporting people with learning disabilities	<ul style="list-style-type: none"> <li>• Roles offered by Leading Lives</li> <li>• Opportunity to ask questions</li> </ul>
11.55 - 12.15	Academy Close	Evaluation and final Questions

**This timetable is subject to change**